

ALPHABETICAL BRAIN™ VOCABULARY HUMANIST FAMILY BRAIN STUDY

INTRODUCTION TO THE IDEA OF YOUR MENTAL FORCE May 9, 2016

SECTION 1 WHAT IS THE PURPOSE OF THE ALPHABETICAL BRAIN™ WEBSITE?

SUMMARY: The purpose of this website is to assist you in adding meaning and happiness to your life through developing a deeper understanding of the true nature of reality, including specifically your humanistic mental force, as revealed by the new brain vocabulary in the context of modern science.

SECTION 2 WHAT DOES THE ALPHABETICAL BRAIN™ SYMBOL MEAN?

SUMMARY: The Alphabetical Brain™ Symbol represents the interactive connection between your organic brain structures and the new vocabulary of modern brain science as it is expressed best in the English language, which contains a system of words and rules of grammar that enable us to create the most profound thoughts with our minds.

[See the **BRAIN SYMBOL** at the top of this page with the English language alphabet curved around

the top of the image of the left hemisphere of a human brain]

SECTION 3

WHAT IS THE GOAL OF THE HUMANIST FAMILY BRAIN SURVEY?

SUMMARY: The goal of the Humanist Family Brain Survey is to obtain constructive feedback from survey participants about the effectiveness of this website to provide support for humanist families, including parents, children, and teenagers, concerning the learning of brain functions for enlightened humanistic living.

SECTION 4

WHAT IS THE BEST WAY TO LEARN ABOUT YOUR BRAIN FUNCTIONS?

SUMMARY: The best way to learn about the 15 brain ideas and your humanistic mental force (brainpower potential) is to use the spaced-repetition technique of learning combined with the flash card method of memorization to consolidate facts about brain functions in your long-term memory.

SECTION 5

HOW CAN THE NEW BRAIN SCIENCE HELP HUMANISTS THRIVE?

SUMMARY: The new brain vocabulary can help you reinvent yourself and transform your attitudes

and habits into successful skill-sets for fearlessly expressing your humanistic values.

SECTION 6

HOW CAN HUMANIST PARENTS TEACH CHILDREN TO LOVE THEIR BRAINS?

SUMMARY: This website can help humanist parents teach their children how to integrate the new brain ideas with the supporting brain facts into their lives so they will express good rational humanistic values now and later when they become responsible adults.

SECTION 7

WHAT ARE THE LASTING BENEFITS OF USING THIS WEBSITE?

SUMMARY: Among the lasting benefits of using this website are its memory boosting structure and its emphasis on critical thinking and reading skill-sets, which together can empower you to understand both the positive and negative influences of culture on your brain and mind. This involves learning how language, education, science, history, politics, ancient religions, the mass media, and the social media impact your sense of self every day.