## SECTION 3 WHAT IS THE GOAL OF THE HUMANIST FAMILY BRAIN SURVEY? 3-22-16

The main goal of the **Humanist Family Brain Survey** is to focus your attention on the meanings of the 15 free online brain flash cards as a quick way to comprehend how your brain was organized by evolutionary changes over hundreds of thousands of years and how it works today.

In the process of mastering the ideas on the 15 brain flash cards, you will have the opportunity to learn other brain-related words, which explain the biological and psychological implications of the latest brain research results.

A **PowerPoint Slide Show** will provide a quick automated view of the 15 free brain flash cards and a preview of the new brain vocabulary necessary for you to understand the true answers to the ultimate philosophical questions (social issues) that the new brain vocabulary provides in the context of modern science.

In addition to learning the profound meaning of this unique sequence of brain ideas, you will be able to understand how you can improve your decision making skills by knowing which parts of your brain have key roles to play in controlling your thoughts and feelings.

Thus the overall goal of the Humanist Family Brain Study is to motivate you to learn the complex technical aspects of how your brain works while learning how to savor life more intensely at the same time.

To assist your learning effort, various educational pdf files can be used from mobile devices or computers to make printed forms that can encourage you to use several of your senses during immersive study.

They can provide you with relevant feedback about the effectiveness of the thought experiments and the learning strategies that you choose to use to develop your mental force by using this website.

For example, the unique **30 Day Timetable Chart** makes it easy for you to track the progress of your learning of the brain facts and ideas.

Whether it takes you only a few days or more than 30 days to master the new brain vocabulary, you will be able to apply the new brain wisdom to your own personal habits, and then continuously reinforce specific skill sets during the learning process that are compatible with your humanist values and goals.

All the time you are studying your brain for new insights, the **Timetable Chart** will be there to remind you of how important spaced-repetition is to learning new ideas and to learning the meaning of the relationships among the new brain ideas as you activate your long-term memory

system.

The **Timetable Chart** can be used as a tangible motivational tool to keep you focused as you memorize the brain facts and ideas and their relationships to each other.

It is assumed that you will become more resilient as you apply the new knowledge of this brain-centered perspective about life to the challenging conditions of your own life and family situation.

You will be learning how to deal effectively with the dynamics of family relations as well as all future interpersonal relationships once you learn the facts about the potential of having a strong organized mental force (more brainpower).

One of the main goals of the **Humanist Family Brain Survey** is to determine whether or not there is a consensus among humanists concerning the relevance of the 15 free brain facts for improving relationships and behaviors.

To achieve this goal and others, there are two areas of concern that need answers:

- [1] First, are the first 15 free brain ideas relevant to your life, whether you are an adult or child or teenager?
- [2] Second, can the focus on the brains of family members help humanist parents guide their children and teenagers to become more committed humanists?

WHY THIS MATTERS: The goal of the Humanist Family Brain Survey is to obtain constructive feedback from Survey participants about the effectiveness of this website to provide support for humanist families, including parents, children, and teenagers, concerning the learning of brain functions for enlightened humanistic living.